



Cape Cod Children's Place Family Newsletter

for families and caregivers of children from birth
through age six living on the Lower/Outer Cape...

CCCP News...

As we approach the end of another fiscal year, we encourage you stay informed with the state of Early Education and Care funding at the state level, as this will affect many programs that run through Cape Cod Children's Place. Please call us if you would like more information, and we welcome parents and advocates of Early Childhood programs to attend the Lower Cape Early Childhood Council meetings that are mentioned in this issue.

Several staff members and local colleagues attended the MassAEYC Conference recently. AEYC is the Association of Education of Young Children and is committed to the mission of quality programs for young children. We now have more books on foster children and grandparents that are available through our Early Childhood Resource Center.

Cindy Horgan, Karen Burns and Kim Concra attended a week long "Train the Trainer" program to become Family Development Credential (FDC) Trainers. This program is a strengths based approach to working with families. It is offered through Children's Trust Fund in collaboration with Tufts University. We hope to offer trainings to fellow family workers, educators and volunteers in the community.

Finally, we are looking forward to two more fundraising events: The mini-golf tournament in May and the second Lunchbox Auction in July. **Look for more information inside this newsletter or call CCCP for more information: 508-240-3310**

Thanks and Giving...

Thanks! To **Neisha Vincent**, parent volunteer, for a **WONDERFUL** job with the Spaghetti Dinner! This important fundraiser raised over \$3500 and will be used for Cape Cod Children's Place Classroom Enrichment and In-house scholarships. Thank you for your support!

Thanks to the following for donations of food and raffle items for the Spaghetti Dinner: **The Fairways Restaurant, The Yardarm Restaurant, Hallsmith-Sysco, Wellfleet Cinemas, Cape Cod Five Cents Savings Bank, Candleberry Inn, Seamen's Bank, The Dolphin Fleet, The Hallmark Store, Eastham Hardware, The Inn at The Oaks, Honey Candle Co., Marcey Oil, Booksmith/Musicsmith, Foxwoods Casino & Resort, All Cape Fitness, Snow's, Jailhouse Restaurant, CJ's Garage, Orleans Villa Pizza, NAPA Auto Parts, Stop & Shop, James Covell-Electrician, Mahoney's Atlantic Bar & Grill, Knead a Massage, Michael Shay's, Clothes Den, Local Colors & Cuts, Cape Colony Inn, Eastham United Methodist Church** for the use of their space, and **everyone else** who donated time and raffle items to CCCP!

Thanks to **Amy Figur** for donating healthy cooking supplies to the Preschool Class for their cooking projects.

Thanks to **Nauset Cares**, from Nauset High School, for washing windows here at CCCP.

Giving: We are in need of artists and craftspeople to decorate metal lunchboxes for the Lunchbox Auction.

NEW PARENT, BABY & TODDLER NEWS

New Moms: Meet other moms!

free Moms + Babies groups :

These groups are informal gatherings of moms and their pre-walking infants. We meet to share stories, ask questions and get familiar with resources that support you such as: nutrition, parenting, breastfeeding, etc.

**** All groups meet from 10:30-noon!**

Mondays, Harwich Community Center, Oak St. with Kim ConCra: 508-240-3310

Thursdays, Cape Cod Children's Place, N. Eastham. with Kim ConCra: 508-240-3310
(funding for these groups from Children's Trust Fund)

Fridays, Visiting Nurse Assoc. in Dennis
1-877-267-7700 (toll free)

Saturday, May 6 – 9:00 am - 1:00 pm

Third Annual Upper Cape Baby Fair at the Upper Cape Regional Technical School in Bourne.

This year's SAFETY highlights feature the CHIP's program (child identification program donated by the Masons of Falmouth), fire safety and carbon monoxide info, SIDS prevention/awareness crib demonstrations, a home D.N.A. kit as well as a car seat safety checkpoint (call 508 548 0151 x 172 to sign up). FUN highlights include a visit with Dora the Explorer, two mini Upper Cape Family Network storytimes, free raffle prizes every 1/2 hour, puppets, face painting, crafts, and a HUGE bake sale, 20 informational booths including CCNSC, Center for Breastfeeding, WIC, Cape Cod Child Development, Early Intervention, Good Hope Adoption Services, Falmouth Hospital (with Maternal Depression Info), Community Partnerships for Children, and the Fatherhood Program, just to name a few!

For more information, contact CCNSC Advisory member Tina Toran at (508 548 0151 x 172).

Sea-Babies

Children's Place Sea-Babies Program is up and running at the Wellfleet Council on Aging. This infant and toddler daycare is open to children from one month to 33 months of age. Enrollment is ongoing year round. Call Karen at 508-240-3310 for information on Sea-Babies fees and space availability. The program serves infants and toddlers.

This program is a collaboration between the Wellfleet COA, Seamen's Bank and Cape Cod Children's Place.

Early Intervention Program—for children birth to three years of age

Do you have any concerns about your child's motor skills, language development or behavior?

Free developmental assessments and services are available for any child from birth to 3 years of age by Early Childhood Intervention, a program of Cape Cod Child Development. A team of professionals work in partnership with parents to provide individualized services to eligible children in their home or other familiar environment.

For more information, call 508-775-6240.

Turkey Burgers



Ingredients:

- 1 pound ground turkey
- 2 T. salsa or BBQ sauce
- 2 T. chopped green pepper
- 1 small onion, chopped
- 1 T. soy sauce

Directions:

Combine all ingredients in a bowl. Shape into patties and grill outside on the grill, pan fry or broil until cooked throughout. TIP: For super picky eaters, just mix the ground turkey with 1/4 c. of catsup, shape and cook. Also, you can soften the chopped pepper and onions with 1/2 tsp. Vegetable/olive oil in the microwave before mixing into the turkey.

Preschool Years / Announcements

Cape Cod Children's Place Mini Golf Classic

Tuesday, May 16, 2006
5 - 7 pm

At the Gift Barn & the Red Barn Pizza
Rt. 6, N. Eastham

\$5.00 Ticket includes:
MINI GOLF, SLICE OF PIZZA & SMALL
DRINK

Tickets for sale at the Cape Cod Children's Place
10 Forest Ave., N. Eastham 508-240-3310

Pitter Patter Puppets

Free shows coming to Eastham Council on Aging:

May 5 at 10 am

May 15 at 10 am

June 9 at 10 am

Seniors and Young Children are Welcome!

Made possible by funding from Mass. Cultural Council

Meeting House Preschool

At the Federated Church, Orleans
Invites you:

Pasta Supper and Auction!

Friday, May 12th

(preview and bidding from 4-5 pm, dinner at 5 pm)

\$6 adults, \$3 children over 5 and Seniors

Open House!!!

Saturday, May 13th from 10am- noon

For more information or to make a donation, Please
call Maureen Vigneau at 508-255-8793
Meeting House Preschool is a non-sectarian, nonprofit school.

FREE!!!

Cape Cod Children's Place **Family Roadshows and** **Parenting Workshops:**

Call Cape Cod Children's Place 508-240-3310 to
register!

DADS GROUP at CCCP: Wednesdays,

May 3, 10, 17, 24, 31 5:30-7:30pm

Dinner with your children,

Conversation with other Dads.

Mon. May 8 "Single Moms" at CCCP 5-6:30pm

Fri. May 12 " Pediatric First Aid & Intro. To CPR

(no childcare)

@ CCCP 6-9pm with Don Ferris,

First Aid Coach

Sat. May 21 Adoption Support at St. Mary's

Episcopal, W. Barnstable,

2-4pm "Spring Adoption Gathering"

Tues. May 23 "Grandparents Caring for their Grandchildren" 12-1:30pm @ CCCP

Thurs. June 1 Roadshow at Truro Central School,

5:30-7:30pm "Avoiding the '
Overscheduled Family' Trap"

Tues. June 20 Single Moms Group at CCCP

5-6:30pm

As of 5/01/06. *** Childcare and pizza dinner FREE for evening meetings except CPR, Free childcare for Adoption group, too. Funding provided by grants from Dept. of Early Ed. And Care and Children's Trust Fund, administered by Cape Cod Children's Place, North Eastham, Mass.

Check it out!

Visit our website, at www.capecodchildrensplace.com !

We will be adding information and events to the website. If you don't want/need to receive the CCCP Newsletter, please leave a message for Kim at 508-240-3310.

Cape Cod Children's Place
Lunchbox Auction
2006

We are inviting local artists and craftspeople to join us in our 2nd Annual Lunchbox Auction fundraiser to benefit programs for children and families on the Lower and Outer Cape. Here is some information:

- What:** We will hold an auction of hand-painted, hand-designed lunchboxes.
When: The Auction will be Friday, July 14, 2006, from 5:30-8:00 pm
Where: The Wellfleet Public Library, 55 West Main Street, Wellfleet Ma.
- How:** How do you fit in? We are inviting you to paint/decorate a plain white tin lunchbox for this event. We provide the lunchbox, and you turn it into a work of art!
- Details:** To participate, please call Karen Burns at Cape Cod Children's Place, 508-240-3310 to arrange for pick-up/drop-off of your lunchbox. Please fill out the form below so we can contact you.
- Deadline:** Register for your lunchbox by May 1st, or before lunchboxes are all distributed, first come, first serve.
Lunchboxes must be returned to Cape Cod Children's Place by June 1, 2006

**Thank you for helping children and families on the
Lower and OUTER CAPE!**

For more information about us check out our website at: [www. Capecodchildrensplace.com](http://www.Capecodchildrensplace.com)

Artist Information

Name: _____

Tel. No.: _____ Email: _____

Mailing Address: _____

What is the best way/time for us to contact you? _____

Will you be attending the Lunchbox Auction? _____

Cape Cod Children's Place
10 Forest Avenue, off Nauset Road
P.O. Box 1935, North Eastham, Ma. 02651
Phone 508-240-3310 * 800-871-9535 * Fax 508-240-2352

MORE ACTIVITIES & ANNOUNCEMENTS...

Single Moms Group...

May 8, 2006
June 20 2006

From 5-6:30pm

Come join Kate and Cindy for this offering at Cape Cod Children's Place. Dinner and childcare will be provided. Meet new friends and get the support you need and want! Call

Cindy to register:
508-240-3310

Funded by a Mass. Family Centers grant from Children's Trust Fund, administered by Cape Cod Children's Place

NEW!!

"Grandparents Caring for their Grandchildren"

Tues., May 23, 2006

Many Grandparents are the primary caregivers of their grandchildren. Please join them in celebrating the joys and challenges of raising grandchildren. Share information and resources to help your family.

This new group meets monthly at Cape Cod Children's Place on Forest Ave. (off Nauset Rd.) in N. Eastham

Lower Cape Early Childhood Council

Parents and Educators:

A great way to get involved!

Find out what changes are on the horizon in early childhood funding at the state level and what this means to you and the families you work with. Changes will affect local programs in the next fiscal year starting July 1st.

Meetings dates:

Wed., May 17, 6:30- 8:00 pm

Wed., June 21, 6 pm potluck

6:30-8:00 meeting

**Meetings are held at Cape Cod Children's Place
Forest Ave., off Nauset Rd. in North Eastham**

508-240-3310

C.A.P.E. KIDS

Creative Arts Program & Enrichment Summer Program

Science* Art* Diversity*Inventions

July 3-August 18th 2006

Offering 2 programs:

8:30 am-1:00 pm

8:00 am- 5:00 pm

(one or two week sessions)

At Wellfleet Elementary School

For children currently in grades K-5

For registration information:

**Please contact Marie Enochty at CCCP:
menochty@c4.net or 508-240-3310**

WE CAN

...offering free legal clinics for women

Thursday, May 11 from 9-11 am Divorce Law

Thursday, May 11 from 1-3 pm on Family Law

Thursday, June 15 from 9-11 am on Estates/Wills

Thursday, June 15 from 1-3 pm on Family Law

Call the WE CAN office at 508-430-8111 to schedule an appointment. 537 Main St. (Rte. 28) Suite 2H, Harwichport, MA.

For more dates: www.wecancenter.org

La Leche League

Information and support for
breastfeeding moms and moms-to-be!

**at Cape Cod Children's Place on
Forest Ave. in North Eastham from 3:30-5 pm**

Tuesday, May 30th

Tuesday, June 27th

For more information, call Carolyn:
508-255-8521



Spring 2006

The following free activities are offered in the Lower/Outer Cape towns for children aged birth-3, accompanied by a parent or caregiver.

Brewster

Playgroup: Thurs, 9:30-11 am at Stony Brook Elementary School

Toddler Story Hour Fri, 10-11 am at Brewster Ladies' Library

Call Pat Policastro 508-896-2136 for more information.

Truro

Truro Tots Playgroup: Mon, 9-11 am at Truro Public Library * Please call to learn about special events the library has planned.

Call Maggie Hanelt at 508-487-2693

Eastham

Moms and Babies Thurs. 10:30-12 at Cape Cod Children's Place for moms and their babies from birth to pre-walking. 508-240-3310

Toddler Time Playgroup: Tue, 10-11:30 am at Eastham Methodist Church. Call Laura Handville at 508-255-7452 for information

Parent Chat & Playgroup Wed., 10:30-11:30 am at Eastham Public Library. Special guests every month. Call Natalie Marsh 508-240-5950

Wellfleet

Toddler Story Time Fri, 10:30-11 am A mix of stories, songs and projects geared for toddlers and their caregivers

Toddler Town: Fri, 11 am-4 pm A PARENT supervised indoor play facility geared for children up to 3 years and their families.

Both at Wellfleet Public Library: 508-349-0310

Provincetown

Born to Read Playgroup: Tue and Thurs. 9-11 am at the Provincetown Library 508-487-7094

Harwich

Moms and Babies Mon. 10:30-12 For moms and their babies from birth to pre-walking. An informal place to meet other moms and to share information and resources. Call Kim at 508-240-3310

Playgroups: Tue, Thu; 9-10:30 am and 10:30-noon

Parent Coordinator: Peggy Donoghue. Call 508-430-1692 for information

* *

Above groups meet at Harwich Community Center

Chatham

Toddler Recreation: Fri. 10:30-12. Collaborative program with Chatham Rec. Ages 0-5 yrs.

"Nothing But Art": Tues. 10-Noon Parents and children play together in weekly art and expression based activities. Birth-4. 6-8 week sessions.

Toddler Enrichment: Wed. 9:30-Noon. Seasonal adventures on Cape Cod. Call for a list of trips and dates. For 15 mos.-5 yrs. With adult.

Itsy Bitsy Yoga: Mon. at St. Christopher's Church. Tots (crawling-2yrs.) at 9:30 am, Infants (birth-crawling) at 11am. Call Monomoy Community Services : 508-945-1501

Orleans

Playgroup: Mon, 9:30-11 am Federated Church.

Parent Coordinator: Allison Danie 508-432-0027

Funding support for most of the above programs is provided by grants from the Children's Trust Fund and Massachusetts Department of Early Education and Care, administered by Cape Cod Children's Place. Call 508-240-3310 for more information.



Helpful telephone numbers:

- **Outer Cape Women, Infants & Children's Nutrition Program (WIC):** 1-800-675-1188
- **Fuel Assistance Program** (emergency help for fuel/heating costs): 508-746-6707
- **MSPCC** (MA Society for the Prevention of Cruelty to Children): 508-775-0275
- **Alanon** (support for families of those with drinking problems): 508-394-4555
- **Healthy Connections** (insurance and MassHealth referrals, applications and info): 508-255-1903
- **Mass-APEAL** (free clothing shop in Wellfleet / info on Food Share program): 508-349-1173
- **Lower Cape Outreach Council** (financial assistance for emergencies, food, clothing): 508-240-0694
- **LaLeche League** (breastfeeding information): Carolyn Witt at 508-255-8521
- **The Center for Breastfeeding** (toll free line to get answers to breastfeeding questions) 1-888-890-2229
- **Consumer Credit Counseling Service** (non-profit assistance with budgeting & debt consolidation): 1-800-208-2227
- **Family Support Program** (free referrals to parenting resources, child & family therapists, etc): Cindy Horgan 508-240-3310
- **Massachusetts Child Support Enforcement** (Hyannis office): 508-771-2414 ext. 3
- **Pediconnections/VNA**(home visits, parental support, obtaining medical equipment, lactation support) 877-267-7700
- **Provincetown Family Resource Center** (support, referral and financial aid through John A. Henry Trust, administered by CCCP. Located at the Grace Goveia building, limited hours. Call CCCP 1-800-871-9535 or Tuesdays call 508-237-2688.

Children's Trust Fund



Preventing Child Abuse * Strengthening Families