



Cape Cod Children's Place Family Newsletter

for families and caregivers of children from birth
through age six living on the Lower/Outer Cape...

Looking Back & Looking Ahead...

It has been a year of major changes for the grants that fund programs for children and families in our region and around the state, and those changes will continue to have an impact as the state's new fiscal year starts on July 1. Two important services for families, childcare subsidies and free playgroups, have both been affected by the changes in important ways:

Childcare subsidies: Ongoing subsidies are now only available through Child Care Network in Hyannis. The state funds that formerly were administered by Cape Cod Children's Place as CPC vouchers for children of preschool age are no longer in a separate category. Families should still call CCCP at 508-240-3310 for

- Wellfleet Human Services & Brewster Human Services Childcare Scholarships
- Lower Cape Emergency Child Care Fund
- General information about childcare funds, and
- To get on the state waitlist for income-eligible childcare vouchers.

Playgroups: Funds were reduced this year, and will be further reduced in the fiscal year starting this month, for the free playgroups & early literacy activities that have been operated for the past decade in each of the 8 Lower and Outer Cape towns by Cape Cod Children's Place. The good news is that these free programs will continue. Check future editions of this newsletter or call 508-240-3310 for up-to-date information.

The Lower Cape Early Childhood Council is eager to work on these & other issues in the coming year. Two initiatives, one to seek more childcare subsidy funds & the other to create a simple handout that lists free activities for families, are both in the works. If you are interested in either of these projects, please contact Elizabeth at ealdred@c4.net or 508-240-3310.

The challenges we all face, as we try to support & nurture our own families & those of our neighbors are here to stay. But we look forward to sharing our energy, ideas & commitment with all of you in the months ahead.

Thanks and Giving...

Thanks! To Amber Tubman at Brewster Sand & Gravel in Eastham for donating sand; Wendy Merchant at Cape Sand in Brewster for donating mulch; and Paul Daniels from Paul Daniels Excavating for donating top soil for our playground and community garden at Cape Cod Children's Place.

Thanks! To the seven members of the Eastham Police Union who have been working rain and shine (mostly rain) to help move and spread the truck loads of sand and mulch for our gardens and playground: Josh Adams, Dianna Back, Adam Bohannon, Danny Deschamps, Steve Gould, Kate Mungovan and Gus Schnitzer.

Thanks! To the many CCCP families and community members for all of the generous donations of materials and time spent to help make our playground and community garden come together this spring: Judy Welch & Steve, Matt of Atlantic Plumbing Supply, Casey Hammond, The Schaefer Family, Hunter Young, Sally & John Patrick Largey, The Rose Family, The Shepard Family, The Felix Family, Andrew Muchunguzi & Seth Assimwe, The Andersen Family, Josh from Agway, Katie Ilkovich & Tristan Miller, Christy & Gabby Foster, Cinnamon & Nemo Frawley

NEW PARENT, BABY & TODDLER NEWS

Born to Read/Provincetown Playgroup

Provincetown's Birth to 3 Playgroup will meet this summer at St. Mary's of the Harbor, 517 Commercial St.

Summer hours are Tuesday and Thursday, 9:00—11:30 a.m. Indoor activities and outdoor beach play. Free.

WIC Breastfeeding Support Group For moms-to-be & mothers of nursing Infants!

Please join us for this informative and supportive evening at the:
Outer Cape WIC office
79 Finlay Road, Orleans, MA

July 16, 2009

August 20, 2009

September 17, 2009

6-7 P.M.

Meet with WIC Lactation Consultant Gabrielle Hathaway, I.B.C.L.C., get answers to your breastfeeding questions & learn new information in a confidential & sympathetic group environment. Snacks will be provided!

Questions? Please call the WIC office
508-240-0853.

Serve New England

The Smart Alternative to Food Shopping!

Save up to 50% and more on high-quality, fresh foods by buying your meats, fruits, veggies and other staples through serve NE Food Program. For more information call:

Harwich 508-432-4931

Wellfleet 508-349-1173



Almost-a-Pyramid Frozen Yogurt Fruit Parfait

(recipe from Cape Cod Cooperative Extension)

1 cup frozen vanilla yogurt, fat free or low-fat ; 1/2 cup peaches, fresh or canned in juice; 1/2 cup fresh strawberries; 1 tbs. graham crackers, crushed;
1 tsp. nuts, chopped (optional)

1. Spoon half of the frozen yogurt into 2 dessert cups or small bowls.
2. Add peaches on top of yogurt.
3. Layer the remaining frozen yogurt on top of peaches.
4. Add strawberries.
5. Top with crushed graham crackers.
6. Sprinkle with chopped nuts, if desired.

Preschool Years / Announcements



Cape Cod Children's Place Infant, Toddler & Preschool Programs and Cape Cod Children's Place Sea-Babies at Wellfleet COA Infant & Toddler Program are accepting ongoing registration. Both sites offer year round, full day programming. Please call 508-240-3310 for more information or to register.

Wellfleet Preschool

The Wellfleet Preschool is pleased to announce the hiring of a new director, Jackie O'Hara, who will take the 33-year-old school in a new and exciting direction. Jackie is a certified Montessori educator with 15 years experience teaching Maria Montessori's time-tested method. Jackie and a committed band of volunteers will be spending the summer redesigning the classroom, purchasing high quality Montessori toys & equipment, and enrolling students aged 2.9 to 5 years old. The program operates out of Wellfleet Elementary School. Tuition from 9-2 pm, Tues., Wed. & Thurs., is \$300. Extended hours from 8 am to 3 pm are also available. This is a 3 day a week, mixed-aged program.

The Laurel Day Camp

The Laurel Day Camp is accepting applications for summer programs!

*Ages 16 months—12 years

*8 AM—5 PM

*Flexible scheduling options

www.laurel-school.org

(508) 896-4934

The Rocking Unicorn Nursery School Chatham

There are fall openings in the 3 & 4 year old classroom as well as in the pre-k class. Interested families can contact Gretchen at 508-945-0611 or e-mail at rockingunicorn@hotmail.com

The Rocking Unicorn Nursery School's Community Cookbooks are currently for sale to help support pre-school tuition assistance. Copies are available for \$15.00/each and can be obtained by e-mailing Gretchen at rockingunicorn@hotmail.com or by calling 508-945-0611.

Meeting House Preschool

(Located at The Federated Church of Orleans)

162 Main Street East Orleans
508-255-8793

Accepting Registrations for the 2009-2010
School Year

Meeting House Preschool has been devoted to providing an exceptional preschool program since 1974. We offer professionally qualified teachers. We provide a nurturing environment where all children are recognized for their individual, unique qualities.

MORE ACTIVITIES & ANNOUNCEMENTS...

Single Moms

Monday, July 27, 2009

Monday, August 31, 2009

5:30—7:00 pm

At Cape Cod Children's Place

10 Ballwic Rd. (formerly Forest Ave.)

Off Nauset Rd. in Eastham

Come join Kate and Cindy for this non-therapeutic group designed to encourage individuals to share their challenges as well as their successes. Meet new friends and be supported and empowered by each other!

FREE pizza dinner and childcare will be provided. Pre-register by calling 508-240-3310.

Funding support provided by a Mass. Family Centers grant through Children's Trust Fund, Administer by Cape Cod Children's Place.

Dads' Talk

Monday, July 6, 2009

Monday, August 3, 2009

6:00-7:30 PM

At Harwich Community Center

100 Oak Street

With Matt Daniels & Paul Melville. A safe, non-therapeutic group providing an opportunity for dads of kids & teens to talk about the issues of being a father in today's world. Come gain support & share experiences & strategies to help you in the important job of being a father. Pizza & childcare provided. Information & registration 508-771-4338 or paul@capecoalition.com.

Sponsored by the Cape Cod Neighborhood Support Coalition with additional support from Cape Cod Children's Place & Harwich CPC



Movie Nights

Free Family Friendly Films Under The Stars
On the Chatham Community Center Lawn
Movie Begins at Dusk

***Pre-Movie Children's Activities Starting at 7:15**

Concessions Available

Summer 09 Schedule

Friday, June 19

Thursday, July 2

Wednesday, July 8

Tuesday, July 14

Tuesday, July 21

Tuesday, July 28

Monday, Aug 3

Thursday, Aug 13

Wednesday, Aug 19

Thursday, Aug 27

Call 945-1501 for Movie Title

All children must be supervised by an adult

Made possible by the generosity of Midsummer Nights.
Sponsored and Organized by Monomoy Community Services with support from Chatham Recreation.

Multi-Generational Storytelling Program With Vicki Summers- Christopher

Wednesday, July 15, 10 a.m.

Eastham Council on Aging

Nauset Road, Eastham

Funded by Eastham Cultural Council. Free to small children accompanied by an adult.

Activities / Announcements

Beach Cookout!

Wednesday, July 1

5 to 8 p.m.

First Encounter Beach—Public Welcome

FREE PARKING, FREE MUSIC, GREAT
LOCATION

Fundraiser for: Cape Cod Children's Place, Eastham
After School Program ECEC, Boy Scout Troop 83
Eastham

Music by Eric's Steel Drum Band; The Grill by Ken
Foster of Breakaway Oil's X-Grill; Bake Sale & Cape
Cod Chips by Cape Cod Children's Place; Bake Sale &
Lemonade by ECEC; Soda & Water by Troop 83

Sponsored by The Eastham Chamber of
Commerce

GymKids

Open Gym Fridays

5:00—7:00 p.m.

Cost: \$20.00

(\$5.00 will go to benefit CCCP!)

Call 508-240-5747

www.capegymkids.com

Must sign up 1 week in advance to
reserve a spot.

The Elbows

Wednesday, July 15

11:15 a.m.

First Congregational Church
Rtes. 124 & 39, Harwich Center

Free. Families welcome.

Call Abby at 508-432-0152 for more infor-
mation.

This event coincides with the Housing With
Love Walk

Starship Adventure at the Eastham Library!

Space age Crafts: a drop-in-do-it-yourself craft pro-
ject for children on Wednesdays from 1-3 p.m. July 1, 8,
15, 22, 29 and August 5, 9, and 12

Thursday, July 16, 6:30 p.m. Friends Forever—A con-
cert put on by Cheryl Melody for children from preschool
to Grade 2 and their families.

Thursday, July 23 10:30—11:30 a.m. Tales for Tail-
waggers—Read to a canine companion. Children must be
5+ years of age—registration required.

Thursday, July 30, at 6:00 p.m. at Eastham Town Hall
meeting room. Laughter is the Best Medicine—Robert
Tivest presents a combination of amusing characters &
illusions for young and old alike.

Thursday, August 13, at 6:30 p.m. at Eastham Council
on Aging (1405 Nauset Rd., Eastham). Starship Magic
Show—Magician Steve Rudolph will take the audience on
a magical, fun-filled journey through the galaxy for chil-
dren ages 4 & older & their families.

Tuesday, August 18 The Coastal Explorer—Drop in any
time between 10:00 a.m. & 2:30 p.m. to visit this unique
exhibit filled with hands-on marine science displays in
the trailer parked outside the library.

Brewster Ladies' Library

July 10, at 2:00 p.m. Dog Days of Summer. Meet "Lizzie
& "Mason", the two grand-pugs featured in the picture
book written by Sue & Andrew Newman entitled *Lizzie
and Mason's Cape Cod Summer.*

July 14 & July 21, at 10:30 a.m. The Wonders of the
Ocean & Plants Alive. Join Kim Torres of Elements, Etc.
for these interactive workshops geared for children ages
3 and up.

July 22, August 5, & August 12, from 10:30—11:30 a.m.
Summer Crafts for Kids. Make fun craft projects while
learning about seashore creatures. Appropriate for pre-
schooler and up.

July 23, at 2:00 p.m. Family Folk Dancing Event. Marilyn
Weissman will lead a family folk dancing hour. This pro-
gram is fun for all ages.

August 11, at 10:00 a.m. Children's Music Program. Join
award-winning musicians Peter & Ellen Allard.

August 19, from 10:00 a.m. to 12 noon. Junk Day at the
Library. The library empties its cabinets of a year's
worth of art supplies & invites children of all ages to cre-
ate their own masterpieces.

Gala Benefit Event of the Summer!

Join us for an extraordinary day on the Cape. This year our largest fundraising event is being held at Ocean Edge Resort & Golf Club. Events this year include a golf tournament on the spectacular 18-hole Nicklaus Design course, our 5th Annual "Art Outside the Box" Lunch Box Fine Art Auction and reception with live music, a gala dinner and a live auction. This major annual event is an opportunity for residents to enjoy the pleasures of the Cape, while supporting the future of our Cape Cod community.

When

Monday, August 10, 2009

Where

Ocean Edge Resort & Golf Club, 2907 Main Street, Brewster, MA

Events & Times

11:00 AM - Golf Tournament

Bramble Format Golf Tournament, Prizes
Spectacular 18 hole Nicklaus Design course!
Includes round of play, cart, lunch, prizes, gift, reception & dinner

5:00PM - Reception & "Art Outside the Box" Silent Art Auction

5th Annual Auction - fine art lunch box paintings by popular Cape Cod artists; for art collectors or families to enjoy!
Includes hors d'œuvres, and cash bar wine & cocktails reception with live music.

7:00PM - Gala Dinner & Live Auction

Includes a plated 3-course meal in the resort's elegant *new* grand ballroom, with a live auction, featuring 10 lunch box paintings by 10 acclaimed artists

Register

Golf Tournament, Silent Auction Reception and Gala Dinner!

Register alone (\$200), or as a foursome (\$760)

only Reception, Auction, and Gala Dinner!

Register individually (\$50), or as a table of 8 (\$360)

To register, or for more information about any of the day's events: please phone 508-240-3310, or visit www.capecodchildrensplace.com/event/

After the tremendous success of last year's event, we anticipate an even greater turn out, so please register early!

To become a volunteer or sponsor: phone Gary Senecal at **508-255-6190**, or g.senecal@comcast.net

MORE ACTIVITIES ...

Starship Adventure at Snow Library Summer 2009

The following programs will take place at 10:30 am (unless otherwise noted) in the Craine Room at Snow Library:

- July 2** "Starship Singalong" with Julie Wanamaker kicks off our summer Starship Adventure with music and refreshments for the whole family!
- July 8** "Space Place Trivia Contest" For children 6 & older. Register your team (maximum of 4 & minimum of 2) by July 8. Prizes and refreshments.
- July 9** "Model Saturn Workshop" for children 5 & over. Make a model of the planet Saturn.
- July 14** Space Hat Workshop for children 4 & older in the Craft Room. Please sign up at the Children's Desk.
- July 15** "A Visit from Galileo"
- July 16 Movie for children: 'Galileo Smith visits the Solar System' Please sign up at the Children's Room Desk.
10:30 am 'The Stargazer's Apprentice' for children 3 & older
3:30 pm 'Starry Messenger' for children K & older
6:30 pm Galileo for the whole family!
- July 22 at 3 pm** Book Discussion of Midnight on the Moon, part of Mary Pope Osborne's Magic Tress House series, in the Craft room with craft activity & snack. Please pre-register & pick up a copy of the book.
- July 23** "Moon Crazy" with Jackson Gillman. Captivating songs & stories take you far away & pilot you happily home.
- July 30** Museum of Science, Boston presents: "Rockets: There and Back Again" Please note: There are 2 sessions at 10 am & 11 am limited to 25 people per session. Please register in the Children's Room.
- August 5** Cosmic Adventure Photo Frame workshop for children 4 & older in the Craft Room. Please sign up at Children's Room Desk.
- August 6** "Stories from Outer Space" Presented by Sparkey's Puppets.
- August 12 "Starship Adventure Challenge" Science Fair for children of all ages in the Craine Room. Register early! Prizes and refreshments!
- August 13** Celebration! For summer reading program participants!

Reach for the Stars at The Wellfleet Public Library

Workshops 2:30—4:00 pm

Sign up required for grades 1-5

July 7 & 9 Mask Making

July 16 Hula Hoops

July 21&23 Picturing Writing

July 30 Book Making

August 4 & 6 Invention Convention: Using imagination, wits and humor, plan and create your own inventions!

August 13 Crazy Hats! Use colors and textures to get as mad as a hatter!

August 20 Collage: with paper, fabric & found objects, assemble a collage to hang worthy of a gallery show!

Family Performances 7:00 pm

July 9 Mr. Frisbee's performance includes: juggling, mind reading, audience participation & endless laughs.

July 30 Henry the Juggler.

August 6 Spoon Man

August 12 The Allards, award winning children's performers.

August 17 Davis Bates' performances & workshops are a delightful mixture of family, Native American, international & regional stories and songs.



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800-871-9535
Fax: 508-240-2352
www.capecodchildrensplace.org

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Helpful telephone numbers:

- **Outer Cape Women, Infants & Children's Nutrition Program (WIC):** 1-800-675-1188
- **Fuel Assistance Program** (emergency help for fuel/heating costs): 508-746-6707
- **MSPCC** (MA Society for the Prevention of Cruelty to Children): 508-775-0275
- **Alanon** (support for families of those with drinking problems): 508-394-4555
- **Healthy Connections** (insurance and MassHealth referrals, applications and info): 508-255-1903
- **Mass-APEAL** (free clothing shop in Wellfleet / info on Food Share program): 508-349-1173
- **Lower Cape Outreach Council** (financial assistance for emergencies, food, clothing): 508-240-0694
- **LaLeche League** (breastfeeding information): Carolyn Witt at 508-255-8521
- **Maternal Depression** (resources and referrals): Cindy Horgan 508-240-3310
- **The Center for Breastfeeding** (toll free line to get answers to breastfeeding questions) 1-888-890-2229
- **Consumer Credit Counseling Service** (non-profit assistance with budgeting & debt consolidation): 1-800-208-2227
- **Family Support Program** (free referrals to parenting resources, child & family therapists, etc): Cindy Horgan 508-240-3310
- **Massachusetts Child Support Enforcement** (Hyannis office): 508-771-2414 ext. 3
- **Parental Stress Line:** 1-800-632-8188
- **Provincetown Family Resource Center** (support, referral and financial aid through John A. Henry Trust, administered by CCCP. Located at the Grace Goveia building, limited hours. Call CCCP 1-800-871-9535 or email cfyfe@c4.net.

Children's Trust Fund



Preventing Child Abuse * Strengthening Families